

Gambling self-exclusion form



YHA encourages people to gamble responsibly and seek help should gambling become a problem. By completing and submitting this form, you will be advising us that you wish to restrict your gambling activity and be excluded from YHA raffle and lottery activity.

As part of this exclusion, we will take all reasonable steps to prevent you from taking part in YHA's raffle or lottery until you tell us that you wish to start gambling again. We will also immediately cancel your entry and we will stop sending you gambling related marketing material.

Please print out, complete and sign this form, and return it to YHA.



by email to:
raffle@yha.org.uk



or by post to:
Raffle & Lottery Manager, YHA (England & Wales), Trevelyan House, Dimple Road, Matlock, Derbyshire DE4 3YH

Title	_____	Address line 1	_____
First name	_____	Address line 2	_____
Surname	_____	Address line 3	_____
Date of birth	_____	Town	_____
Email	_____		Postcode _____
Date	_____	Signed	_____

Your details are safe with us. You can check out our [Privacy Policy](#) for more details.

Further help - counselling and support services

If you or a family member feel that you are experiencing problems with gambling, or are gambling more that you really want to, you can seek advice and support from trained counsellors at BeGambleAware. You can call the National Gambling Helpline on 0800 8020 133 or visit their website at begambleaware.org

Software is available to prevent an individual computer from accessing gambling internet sites - please see gamblock.com for further information.

For more information on YHA's approach to responsible gambling, please see our [responsible gambling guide](#).